

## Healthy Relationships Toolkit for Parents (6<sup>th</sup> Grade) Videos

Session #	Video Name	Length	Description	YouTube Link
Session 1	<b>Video 1: Kids Discuss Their Goals in Life</b>	02:53	Youth discuss life goals that include desires to become solid, functioning, healthy persons	<a href="https://www.youtube.com/watch?v=5J7nQ9tCWzY">https://www.youtube.com/watch?v=5J7nQ9tCWzY</a>
	<b>Video 2: Pressures Teens Will Face</b>	02:53	Youth discuss pressures they face as adolescents, including sexual pressures	<a href="https://www.youtube.com/watch?v=LqWSQhLNKKU">https://www.youtube.com/watch?v=LqWSQhLNKKU</a>
Session 2	<b>Video 3: How Are Your Parents Important To You?</b>	03:21	Youth discuss the importance of parents in regard to: <ul style="list-style-type: none"> <li>• Confusion related to growing up</li> <li>• Values that are carried throughout life</li> <li>• Sources of encouragement</li> <li>• Source of affection</li> <li>• Always there</li> <li>• Unconditional love</li> <li>• Listening/self-esteem building</li> </ul>	<a href="https://www.youtube.com/watch?v=N-3SDPpyEBs">https://www.youtube.com/watch?v=N-3SDPpyEBs</a>
	<b>Video 4: Parent and Child Interactions</b>	02:59	Parent-child interaction scenarios illustrate the importance of parents using positive reinforcement with youth. A scenario depicts a less-desired parent-child interaction, and is followed by the same example showing the parent using positive reinforcement.	<a href="https://www.youtube.com/watch?v=kErWedlBD00">https://www.youtube.com/watch?v=kErWedlBD00</a>
	<b>Video 5: Supervision</b>	02:17	Parent-child interactions illustrate the importance of supervision. A less-desired parent-child scene depicts a parent not providing supervision	<a href="https://www.youtube.com/watch?v=CrNVuSqQ7KM">https://www.youtube.com/watch?v=CrNVuSqQ7KM</a>

Session 3	None	N/A	N/A	N/A
Session 4	None	N/A	N/A	N/A
Session 5	<b>Video 6: Children See, Children Do</b>	01:31	Video demonstrating the impact of a parent's behavior on the child	<a href="https://www.youtube.com/watch?v=XbUBy2Nt5f4">https://www.youtube.com/watch?v=XbUBy2Nt5f4</a>
Session 6	<b>Video 2: Pressures Teens Will Face</b>	02:53	Youth discuss pressures they face as adolescents, including sexual pressures	<a href="https://www.youtube.com/watch?v=LqWSQhLNKKU">https://www.youtube.com/watch?v=LqWSQhLNKKU</a>